

Yeast Infections

A yeast over growth is caused by several things. Poor diet, too many carbs, sugars, and grains. Over vaccination, the Mercury in the vaccines causes the body to protect itself from the second most toxic substance on earth, Mercury. The body produces yeast as a sort of protection from the Mercury found in vaccines. Antibiotics, kill off all the bacteria in the intestines both the good, which should be 85% and the bad, which is the remainder. The good bacteria keeps the bad bacteria in check and from overpopulation. Bad bacteria grows back at a faster rate than good bacteria so now there is a unbalance. The yeast or bad bacteria establish themselves in the intestines and grow roots. These roots in turn puncture the intestinal wall and the bad bacteria can now escape into the body. This is leaky gut. The escaped bacteria causes several things, itchy skin, ear problems, **allergies**, and mal absorption of nutrients. The intestine with the wrong kind of bacteria can not manufacture certain nutrients, B12 being one of them. It also poorly absorbs nutrients from the food. This in turn can cause thyroid and adrenal glands to malfunction along with other issues. Bad breath, gunky eyes, and a weakened immune system are symptoms as well. Sometimes a smell is present too.

There are several ways to treat yeast, the most simple is the raw diet of meat and a small amount of bone. Some dogs respond to the diet change alone, others may need more intervention. A good soil based probiotic will push out the bad bacteria and replace it with good. Raw apple cider vinegar (ACV) with the mother in it(Not the clear stuff found in stores) contains probiotics and balances out the pH in the body. Bad bacteria can not live in a certain acidic environment so this helps as well. ACV is known as the KING of skin issues. A half teaspoon added to drinking water bowl helps. Some folks add a little to the food. Too much and the dog will refuse it.

Garlic is very effective against yeast. However it can be toxic when too much is given to dogs. Garlic can also cause anemia in dogs if given too often. A small amount given a couple times per week will have benefit.

Leaky gut can be healed as the yeast is pushed out or killed by adding L glutamine to the diet. However one must remember it takes quite awhile for the body to get rid of Mercury. Garlic is thought to chelate some. Spirulina is another chelator of mercury. Spirulina also does several other things as well, it is a super food, it helps establish good bacteria in the intestine, and manufactures B12. Clay can also remove toxins. A good natural vitamin will help with the mal absorption of nutrients. Earthorigins contains natural vitamins and minerals along with spirulina and clay in the right amounts. It comes recommended by a dog nutritionist.

Some yeast killers are CS, GSE, Garlic, oil of oregano, coconut oil, ACV, and several others. However some of these can also kill off some beneficial bacteria as well. A few drops of GSE added to the water bowl will help as well. A good fish oil without mercury is helpful as well but takes some time to work.

Things to avoid with a yeast overgrowth and things that kill good bacteria.

Antibiotics
Over Vaccination
Medications
Chlorine (Check the drinking water)
Fluoride (check the drinking water)
Sugar
Carbohydrates (some are also found in veggies and treats.)
Stress
Chemicals and cleaning products
A very big one for Scotties, Lawn chemicals
Grains
Synthetic supplements
There are others as well.

When the yeast dies off, it gives off a gas as it decomposes. The gas can cause flu like symptoms, which are part of the healing. This is called the Herxheimers Reaction. If the reaction is too great then the yeast killers should be lessened until the body has time to catch up and eliminate them.

The immune system prevents all diseases and 85% of the immune system is in the intestines. So that needs to be functioning properly for good health and proper functioning organs.